

Rubbing shoulders

UP to 90 million working days are lost due to stress-related illness and up to 49% of absenteeism is attributable to stress-related conditions.

So says the On Site Massage Services of Cardiff which is offering FREE trials for a limited period.

On Site Massage is a technique designed for the workplace and is carried out in a specially designed portable ergonomic chair.

The massage lasts approximately 15 minutes, takes place fully clothed and no oils are used.

The routine is carried out in a specially designed ergonomic chair that is portable so the massage can take place anywhere.

Clients of the service include Welsh National Opera, AA Insurance and The Wales Millennium Centre.

Contact: 07970

783514/07986 352947

Growing up



ENQUIN Environmental has expanded from a small consultancy business employing six people into a fully UKAS Accredited Asbestos Consultancy employing 22 staff, resulting in the need to relocate to larger offices and laboratory facilities in Wentloog. Contact Sally Cuff on 02920 535090.

IT firm opens windows

INTEGRATED IT solutions provided by Cardiff Bay-based Aytel Systems have helped a Cardiff construction company to post record turnover figures for the second year running.

Cardiff Bay-based Denver Construction Services has posted turnover to 31st December 2004 of £5million – up £1million on the previous year – and is crediting the full IT integration of its systems as a major contributory factor in its growth.

Pete Patel, managing director of Aytel, said: "It is immensely satisfying to be involved in all aspects of a company's IT infrastructure, from accounts, to communications, manufacturing and web design. Denver is a case in point of how a company can quite rapidly boost its capabilities by effective adoption of an integrated approach to IT,

which is what our Integr8 package is all about."

Denver's involvement in projects in the Welsh capital include the Millennium Stadium, Scott Harbour, Sovereign Quay, Cardiff Hilton and Holland House Hotel.

With services ranging from the fabrication and supply of architectural aluminium, to drilling, demolition and geotech, Denver has just won the architectural aluminium contract for stage five of the Century Wharf apartment development in the Bay. The company has been involved in all previous stages of Century Wharf, dating back to 2001. Managing director Andrew Morris said: "Six years ago we operated with just three PCs, today we are fully equipped in all areas of the business.

"Our ability to liaise with architects and manufacturers electronically has speeded up



CLEAR SUCCESS: Pete Patel (right), managing director of Aytel and Andrew Morris, managing director of Denver Construction, pictured with one of the company's windows at Century Wharf.

our drawing and fabrication processes. Our investment in computer controlled manufacturing equipment is enabling us to take on far larger projects." Denver has reported annual £1million turnover increases for the past two years.

Having previously seen the £5million mark as the extent of the company's capabilities, it is now able to handle individual projects exceeding £1.5million due to computerisation. Visit www.aytel.co.uk

Firm's show of efficiency reaps reward

HODGE Insurance Brokers has been named the most efficient in Wales, by industry magazine – Insurance Times.

Firms entered in the Insurance Times Regional Awards were judged on several performance indicators relating to turnover, profit and staff numbers.

George Wigley, managing director of Hodge Insurance Brokers, said:

"This award reflects the industry-leading efficiencies we have introduced through investment in improved IT systems, financial systems and better trained employees to help us achieve our goals.

"We now have more highly skilled insurance and risk management specialists than ever before. Our staff and management training provision is at an all time

high thanks to our investment in a significant Management Development Programme. This linked to a Group-wide Visions and Values initiative has made us more customer focused than before, and this is all paying dividends."

Mr Wigley also singled out for praise, the contribution of the WDA, which funded a costing analysis and review,

conducted by consultants who advised on the introduction of efficiency systems following a full review of the work processes within the brokerage.

"An outside perspective is essential in corporate analysis and this analysis has certainly helped us to take a fresh look at our business practices and we have benefited as a result," he added.

More passengers zoom into CIA



CARDIFF International Airport recently welcomed 112 Canadian passengers on board Zoom Airlines' first inbound flight into Wales. In 2006, the number of long-haul flights from Cardiff will grow to seven, giving Cardiff International Airport the biggest range of long-haul services of any airport West of London and South of Birmingham.